## June 10, 1989

JEY is here. It is known that those of you who are here in the OMEGA group are indeed in a time of being receptive to that which is truth. JEY is now mindful that each of you need to remain in meditation as this *one* who is JEY comes as gatekeeper for the group, This one who comes as gatekeeper would advise you of this...that each of you have, within your heart, at this time a knowledge that would necessitate your being able to accept additional knowledge. In other words, you have been prepared, you are now at a stage where you will now be able to receive and accept additional advanced knowledge. JEY would ask at this time that each of you affirm within your hearts that you have indeed accepted those things that have been given to you, accepted that which is your spirit within, and that you are willing to allow that which is your spirit within to continue to be in control of your life daily, You are each finding that as a result of this practice that you are indeed now able to allow many things to take place in your life that could not have happened before. JEY would advise each of you to so continue to allow this to be so, At this time now JEY canes also to advise you of this,

There is in your midst at this time a multitude of those who are in spirit, who are here to advise you with regard to that which is spirit, JEY would also allow you to know at this point that if you are, at this time, able to allow your own spirit within to mesh with that which is your physical mind and then allow your spirit to bring to you mentally those thoughts that will enable you to understand what is to be given to you, there will be no question about that which is to be given. JEY would at this time seek to be in prayer with each of you, that you may indeed accept and believe those things of truth that are to be brought to you, And so JEY, at this time, would advise each of you that you now be in prayer.

Amen, And so JEY returns, mindful that each of you have indeed been able to achieve that which you were seeking,

JEY will prepare now to allow that one to come to you who is an advanced spirit to so communicate, Be aware that this spirit has not communicated with those of you who in this group, at an earlier time, but is prepared at this time to come to bring you a message of great importance. And so JEY would at this time step aside, mindful that you have no fears and are indeed in the love and care of the one who is our Creator,

Allow now your hearts to be open to receive truth! This one comes to you as an advanced spirit; this one comes to attempt to allow you to know that this one, who is indeed a spirit of the one who is our Creator, will come now to bring to you a symbolic name in order that you may identify to this one...This one would come also to tell you that the ability of this one to communicate through voice, through this one who is channel, is here only because it is the will of God that it be so. You must understand that without the will of God for this to happen, it could not occur. And so you are now to receive that which will become a symbolic name that this spirit will use,

And so this one comes now to allow you to know this name, It shall be known that this name will use the symbolic name of TRIANGLE. TRIANGLE. You must understand that this has meaning to you in earth life, but in that which is the spirit world it has deep meaning. Consider that there are three sides to that which is a triangle. And so this one comes to you to explain the necessity to use this as a symbolic name. There is within the spirit world that which you have come to know as the Eternal Force, that which is the Creator; in other words, that which you would call God. There is no description of that which you can understand. This one who comes as the Creator is simply beyond description of that which is your physical mind. But be it known that you can accept that which is Creator, you can accept that which is God, you can accept that which is Eternal Force, In addition to this which becomes one part of the triangle, there is also that which is a second part of the triangle,,, that which you have known as the CHRIST SPIRIT, which has appeared many times upon this which is the Earth, in many forms, You are aware of that which appeared as the Christ Spirit, in the form of the one who was Jesus, You were there; you knew that one who was Jesus. And so this has meaning to you. Be aware that that which is the Christ Spirit, that which is such an exalted spirit in this which is the spirit realm, has indeed appeared many times upon this which is the earth, in body; and so it is known that this, then, forms the second part of this which is the triangle,,, that which is the Christ Spirit, That which now becomes the last and the third side of the triangle and which should now be, clear to you, is simply that which is spirit...all of you who are in this group as spirits in body would fall within this realm of that which is spirit, In other words, you are not that which is the Creator; you are not that which is the Christ Spirit, but you are that which is spirit, as are all of those who are in the spirit realm...that which is of spirit.

And so when you consider that which is triangle, it will have great meaning to you now; and this one who comes to you, who will be known to you in the future as simply that which is TRIANGLE, will embody that which has

been explained to you.

This one comes for a special purpose,,, that of bringing to you not only the truth which has been given about that which you consider a triangle, but to bring you an additional truth. Deep within that which is the Universe there exists that which is the Eternal Force, It is part of all that exists, this Eternal Force, which you might refer to as the Creator, which you might refer to as God. In other words, this Eternal Force is that which is all Energy, is that which is the culmination of all that is and all that will ever be, It is not something that you can describe in this which is limited knowledge, Be aware that as you are now at this point where you can understand these things that are being brought to you, that you are now attempting to understand this which is being brought, This which is the Universe, this which is Energy, this which is the Eternal Force, the Creator, the God, has within it all that has been created. You are part of that Creation.

This which is the real you... that which is your spirit within... is part of that creation. You now are able to understand that you, in your meditation, can simply lose yourself in that which is the Creation, Simply allow that which is your spirit to go free to become a part of that which is the Creation again...not to be in body, but simply to go free, to be part of that which is the Creation, that which is the Universe. It is through this method that you will indeed be able to understand many things, to visualize many things. And so as you attempt that which you would call meditation, simply allow that which is your spirit within to free itself from that which is the physical body. No longer do you just have to simply say, "I allow my spirit within to override my physical will." You can now simply say, "I would allow that which is my spirit within to roam free again within the Universe," in order that you my again begin to understand all truths,

Of course, you are to be limited in your understanding of those things that are brought to you simply by that which is language, You will not be able to totally understand, simply because you are limited by that which can be put into words, And so this which would come to you now would be a deeper understanding of that within your own self, a deeper understanding of that which is truth. You are receiving, bit by bit, those truths that are being brought to you, whether they deal with daily activities, whether they deal with spiritual growth, whether they deal with healing, or that which you would call 'passing to spirit' You are bit by bit receiving truths.

Now, if you would allow that which is your spirit within to again be freed from your body, simply for that aspect of spiritual growth which would be allowing it once again to become one again with the Universe, you would understand truly what spiritual growth is, This one who comes as TRIANGLE would at this time ask each of you to attempt this: Simply be in meditation, continue in meditation; and then recognizing that you have at this point have nothing to fear, that there is no danger, simply say to that which is spirit within, "I release you now to, at this point, become one with the Universe."

At this time now this one who comes as TRIANGLE would ask that you again be spirit **in** body; that you would allow those things now to be known to that which is your physical mind that have been brought to you at this point,

This one who comes as this spirit known to you now as TRIANGLE would advise that daily you allow this to be so, As you allow that which is your spirit within to be freed from that which is your physical body, be aware that you are indeed to be in the control, the care of that, who is the Creator, You need have no fear, There is no danger that that which is your physical body will no longer be working; but it will be protected. Allow that which is your spirit within now to be aware that you are indeed willing to allowing that which is spirit to become one again with that which is Universe in order that you may indeed grow in spirit, And so this one who comes now is willing, at this point, to allow each of you to so question, if you have questions at this point, to allow that which is your physical mind to receive responses.

And so this one now returns, mindful that each of you have, within your own hearts, that knowledge that you need to again grow in spirit, And this one comes, advising each of you that you are indeed that of spirit, that you are indeed part of that which becomes the triangle; and so this one who comes to you as TRIANGLE would advise that you will indeed now grow further in spirit, Go now in the peace and the love of the one who is our Creator; knowledgeable that you are indeed growing in spirit.

JEY returns, JEY is mindful that you have experienced that which you could have little guessed in times past; but be it known that each day as you grow in spirit, greater things are to occur for each of you who are in the OMEGA

group, Allow now that which is your spirit within to continue to grow, and as this one who comes as gatekeeper for the group is able to so help that which is the spirit within of this one who is channel, even so shall those who are guardians of your spirit be able to help you. Simply ask that that which is your spirit within be able to communicate directly with that which is your guardian of spirit, And so it shall be, Go now in the peace and the love of the one who is our Creator, Amen,