

May 19, 1990

JEY is here and is aware that those of you who are here at this moment have a deep and abiding interest in that which is spiritual, and JEY would ask that each of you continue in meditation, even as you have been, until that time when you have received information that will be forthcoming. JEY would not ask that any of you would so seek to believe all that is given to you without asking for discernment of Truth. And JEY would seek that you would, in fact, be knowledgeable that what you are to receive is Truth. JEY comes now as gatekeeper for the OMEGA and asks that you remain in meditation, knowing that you are in the will of God. Be at peace.

AMEN! Again it is the joy of this one who comes as MICHAEL the Archangel to be in your midst. Would you at this time accept this...Michael has in many occasions been in your midst and has attempted to give information of value to you. Understand that as this one comes it is the will of God that it be so; and so this one who comes as Michael is here now to bring information that is of value to you at this moment.

It is known that those of you who are here have a deep interest in that which is to be given, and Michael would tell you that as others who are of the OMEGA receive this information as it is so given to them, they too will accept what has been given. Michael comes to share this which is of spiritual interest to you.

You have the ability now to understand fully all the information that has been given in the past. Michael comes at this moment to tell you this...that further, as you receive information of great value in the future, your spirit within now has the ability to so channel that to your spiritual and physical self that you will be able to fully accept and understand that which is given. Michael would ask that you accept this.

As you now are of the understanding that you are both a spiritual and a physical being, you are able now to accept that it is possible that your spirit within will control your life on earth if it is so allowed. Be aware that in order for that to take place, you have been told that your spirit will indeed merge with that which is your physical self. In other words, you will become as one. Is this not what has been said to you, that you will become One with the Creator? And so as your physical self now is able to merge with that which is the spirit within you, do you not accept that you are becoming One with the Creator? Inasmuch as the spirit within you is indeed of the Creator, this merging then will become what you would term Oneness with the Creator. Give thanks for this. Know that Michael comes in all truth, that Michael comes from the Creator to give you this information. And so as you now accept this information and totally accept that it is possible for the spirit within to merge with the physical self, you have indeed then become One again with the Creator as you live in body on Earth.

It is the joy of those in the Spirit Realm to recognize this fact about those who have been told that they are OMEGA. OMEGA does indeed mean Oneness with the Creator. You accept the name OMEGA. OMEGA does need to be known to you as Oneness with the Creator. You have heard the terms used; you have seen many times that which is the name OMEGA used without the understanding of those who have used this name OMEGA, without their knowing that indeed in that which is spiritual knowledge this sound, this symbol simply means "Oneness with the Creator." And so you have achieved this level. Give thanks in your heart for this. Know that you are, from this time forward, to be fully aware daily that as you now are feeling that which is the merging of the spirit and physical, it simply means that you are becoming One with the Creator as you live as spirit in body. You are now to fully understand the great joy that comes from this merging, this Oneness...the great joy of this which you now receive. And so it is the joy of Michael to give you this information.

May 19, 1990

p. 2 of 6

Perhaps, also, it would be to your advantage to learn more at this moment with regard to that which is OMEGA. There has been a time in many lifetimes past where this which is the symbol of Oneness with the Creator, has been known and used. And those of you who are here at this time have been deeply aware, in a former lifetime, of that Oneness, of that symbol. Understand that as a result of that knowledge and that use at that time, this symbol has been carried forward at this time to use as the name for those of you who have been coming together as OMEGA. It has not simply been an accident that you have been brought together in this lifetime, but it has been known for many, many lifetimes...as you have been told and are aware. But be aware that Michael has the ability now to lead you back to a lifetime where you will be able to visualize that which is part of the lifetime where this symbolic meaning had great impact for each of you. And so it is at this time that Michael would attempt to help each of you who are here at this moment to call forth from your spirit within that segment of that lifetime in which you lived where you may visualize something that will be of great value to you. If you are not able to so visualize, let it not disturb you. Michael can understand that not all can have the same ability at this moment; but Michael will attempt at this time to so lead you. And so now as you remain in meditation, open your heart and your minds to receive that which is spiritual information from that which is your spirit within. And then as you receive that information, Michael would again communicate.

(A period of silence followed while we sought for this within.)

Michael returns now and would ask you to continue to dwell upon that which you have seen. Perhaps it will be to your advantage, if following this communication you would share with each other what you have been able to visualize. But be aware that each of you have, at some time, been deeply aware of this feeling within you that indeed you are a stranger to the Earth on which you live and perhaps it is this knowledge at this time that will lead you to the area where you were deeply aware of the meaning of OMEGA and the necessity for you to maintain that association throughout all the lifetimes that you have known as spirit in body.

Michael would further tell you that inasmuch as others of the OMEGA who are not here at this time have the ability, when they receive this information which is sent to them, to read through what has been given and thereby experience those things which have been given to you who are here, as spirit in body. Understand that indeed that which becomes the written word of this communication bears great spiritual impact for those who read and those who will open their hearts and their minds to accept what is given. Do not doubt what is being given, inasmuch as it is the will of God. You have indeed the ability now to so access information from the great spirit within you. You need only to assent to the fact that 'Yes, this is possible,' and then seek within for those bits of information that will help you at this time on this Earth Plane. Be aware that you are becoming the spiritual person that you have sought to become.

It is necessary for you to understand that inasmuch as you are spirit in body, you will indeed experience the weaknesses that the human body does possess. But you must understand further that you now have the ability to control those weaknesses, even as they manifest to you. And so you must begin now to, when you are aware of those weaknesses presenting themselves, you must at that moment allow your spirit to control that ability of the physical body to portray that weakness.

Michael would ask at this time that each of you come to this one...open your hearts to this one...and receive a blessing that is to be special for each of you who are here. And so Michael would at this time simply ask you not to hold forth your hands as apart from you, but to clasp your hands and hold them before you in this manner. And in this way you are signifying that which is the oneness of the spirit within you with the physical body. In other words, you have joined and have become now one. And Michael would bring this blessing upon you at this time:

It is the will of the Creator at this time to pour forth upon each of you who are here and each of you who are OMEGA who are absent from this group at this time a blessing that will signify to you that you

May 19, 1990

p. 3 of 6

are indeed now One, One with the Father, One with the Creator. Accept this, but know that this blessing entails a responsibility. You now are responsible for maintaining that which is a right relationship with the Creator. You are, from this time forward, to daily walk in the footsteps of the One who was the Christ, in order that you may indeed follow after that which is of God. And it is through this that your own spirit is strengthened daily and thus as your spirit is strengthened, that which is your physical self will be strengthened. Be aware that you have received a great blessing at this moment, and know that you are indeed in the Love of the Creator and all those who have the responsibility of coming to you as teachers. Give thanks and praise to the one who is the Creator. Open your hearts now to so praise that One, and know that you are blessed.

It is the joy of the one who is Michael to have brought you this information. And now it is the further joy of Michael the Archangel to allow the one who has come in the past to again communicate with you. Open your hearts to the one who is SECHA. Be aware that one is aware of your prayers, and be aware even as you pray for that one that the responsibility of SECHA becomes lighter as your prayers give forth energy for that one. And now allow Michael to so seek that SECHA may communicate with you.

SECHA has now entered the channel and would at this time seek to communicate with each of you. SECHA comes mindful that you are becoming more impatient with this which is the inability of SECHA at this moment to come to you as that which is a vision. SECHA does indeed have this ability, but it is with great caution that SECHA seeks to communicate through what you would term 'materialization.' And so it is that this caution can be explained. Inasmuch as SECHA now must communicate through the body of the channel, this is necessary in order that a voice may be used where the thoughts may be understood by each of you. When SECHA comes and uses the body of the channel, the thoughts are meshed with the thoughts of the channel. In other words, a thought is indeed a thought, and whether or not it is given in your language or the language of the one who is SECHA makes no difference because the energy of the thought is simply then changed to that which is a symbolic sound that you hear, coming from this which is the body of the channel. And so SECHA would tell you that as SECHA would materialize to you, SECHA then would be required to use the language that is known to SECHA. But further know this, that it is believed by this one who is SECHA that as SECHA uses that language, again thought will be expressed to each of you in the same way that it is expressed through the channel at this time. SECHA has been very cautious for this reason, also. It is known that as those of you who are spirits in body on the Earth Plane are then presented with this which is a materialization of one who comes from a Star Region, even as SECHA has come, although you are like minded here as the OMEGA group, you would find it necessary at this point to share this information...perhaps unwillingly...with one who would not understand. SECHA is not saying that you cannot control self, but SECHA is well aware of the weaknesses of mankind. And so it is now as you are aware that your spirit within you and your physical body are merging, and your spirit then is going to have great control over your physical self, the time will come where it will be known to SECHA that indeed you have the ability to control all that will emanate from your physical body, that which will come through your voice. And it is the will of SECHA to so attempt to come to each of you, to each of you individually; and as this occurs, SECHA would ask that you simply be in prayer that you may be able to accept this one as an appearance is made to you.

SECHA would like you to know that as SECHA has been in your midst, and in your community, SECHA has learned to know you and has learned to love you; and there is a very real love that this one feels for each of you. You are to understand further that there remains in each of you still the knowledge of the Star Region from where this one has come. You will be well aware of that in the days to come. Perhaps it is now the responsibility of SECHA to further tell you this. SECHA has been given a responsibility, as you are well aware, of providing for you information regarding the physical aspects of that which is to be the chaos. As you now are experiencing more information about those happenings throughout the world, you perhaps are aware that even now those in the scientific field, the field of giving information, are now freely expressing concern about additional happenings that are occurring within the center of the Earth and thus causing disruptions on the Earth. You are aware of the volcanoes and the

May 19, 1990

p. 4 of 6

harm that they have done to the Earth as they have exploded from within the center of the Earth and come forth. You are aware that a great one is occurring at this time on this Earth, that a great one has occurred in the past, that many have occurred in the past. This is simply an indication of the instability of the center of the Earth Planet. There is within the core of this Planet that which is simply a heated core, and that does transmit energy that can find itself coming to the surface of the Earth in the form of great heat. And as this energy erupts from the center of the Earth, there is great destruction as you are aware. These will continue as evidences of that which is coming from the Center of the Earth. As you see these destructions from isolated areas, they are simply indications of what can happen on a world wide scene. This, of course, is frightening to a spiritual being, but all the more frightening to a physical being. Those of us who are in life forms are looking with great regret at what must happen within the Earth at this time. It is known that there will be much disturbance on the Earth planet, and as a result of the disturbance there will be many who will suffer and there will be much destruction.

And so SECHA comes now to attempt to prepare you for that in a physical sense. You have been prepared in a spiritual sense. SECHA will continue to come to give you thought with regard to that which must come.

SECHA would ask at this time that each of you who are OMEGA, all who are OMEGA, begin now an intense effort to pray for the healing of the Earth Planet. It is known that if each of you will pray for healing of this Earth Planet that indeed some of that energy can be dissipated to the extent that it indeed can relieve some of the destruction that is expected to occur on the Earth. It is known now that this becomes your responsibility, and as you then begin to pray for the healing of the Earth, allow others outside the OMEGA that it is important that they begin to so pray. And be aware, too, that as with other miracles (as you would call them) have happened on this Earth, this too can cause a miracle. Do not underestimate the great power of a prayer, a thought, the great energy of a thought. Send it forth daily and ask that that thought be joined with others thoughts that are going out for the healing for the Earth Planet.

SECHA would allow you to know that even as you pray, SECHA has the ability to pray and does so. And SECHA can tell you that others who are viewing the Earth Planet at this time come not only to observe but also to seek that this great destruction that has been anticipated may not come in a fullness that is expected. It is not the joy of anyone who has seen destruction throughout the Universe... It is NOT the joy to see that this beautiful Earth Planet is so destroyed. And so it is that each of you would now come before the Creator with the energy of your prayers and send it forth into the Universe, that that energy may so surround this Earth Planet that indeed it will know some protection and that you will find that the destruction will not to be to the extent that it is now expected that it will be. SECHA comes in all earnestness with this. Simply know that you are not alone. There are many who are here observing this who are indeed in a time of joining you in your efforts. And so SECHA comes with all love and all sincere-minded that, of course, it is difficult for all to understand how SECHA can come to be in your midst. But know, too, that in due time all will be revealed, and so it shall be. SECHA comes because it is the will of the Creator, and SECHA now will take leave of this meeting of the Creator and will remain in your midst. And SECHA goes with loves.

This one comes as MICHAEL the Archangel and does return for this. You have received information that is of importance to you. Be aware that it is known that inasmuch as SECHA comes as a spirit in life form, that one is fully able to understand the physical aspects, even as those who have come as spirits are able to understand the spiritual aspects of your being.

Michael comes now asking that you be at peace with what you have received, in the knowledge that you are in the will of God. Go now in love. Be at peace with self.

JEY returns and JEY comes with this as a parting thought for each of you. Be aware that the information that is given by those who come as spirit and those who come even as SECHA... the information that is given is of vital importance to you. The thought that you may have with regard to

May 19, 1990

p. 5 of 6

other aspects that have not been discussed perhaps may be of importance to you; but as you read and as you study additional materials, seek for discernment of truth within those things that are so given to you. Know that you are being carefully lead. It is not the will of God that you would encompass within your being all things that are written from others sources. You are here for a SPECIAL purpose. You are being carefully lead for that purpose. Be aware that all things perhaps have some good in them that are written, but you must continue to pray to be able to discern truth in what is given. And so it is that JEY comes to continue as gatekeeper for the OMEGA and would ask that you accept the love of this one and the continued responsibility that this one will remain as gatekeeper. Go in peace and love. Amen .

The following is taken from The Mystical I by Joel S. Goldsmith:

(Pages 116-117) - We do not meditate that we may find our peace, but that through us peace may flow to the world. Moses did not receive his enlightenment that he might become a glorious king, but that he might go down to the valley with his Hebrew people and suffer with them in bringing them forth into freedom. Guatama the Buddha did not receive his enlightenment to be set apart on a mountaintop and bowed down to and worshipped, but that he might walk the length and breadth of India teaching disciples and establishing healing ashramas. Jesus Christ did not receive his enlightenment that he might be set apart from the rest of the world to sing hymns and play harps while the rest of the world was in slavery. To no man is it given to be enlightened for his own sake.

And yet there are thousands and thousands of people who are seeking enlightenment, seeking illumination, believing that when they receive it they are going to be healthy, wealthy, and wise forever after, all by themselves, Let us have no such illusions... Illumination will make you a servant... Illumination does not bring about fancy titles or robes or a life of peace set apart. It brings a life of dedication, of devotion, of service.

When the Master told his disciples to leave their nets, he was asking for a sign of commitment, and if they received illumination from him it was only that they should become "fishers of men." Read the story of the life of Paul and notice the whippings, imprisonments, and the hunger he endured in order to carry the message of the Christ to mankind. Examine the lives of all the mystics and see the misunderstandings and sometimes imprisonments that were their lot. Illumination carries a price. God does not reveal Himself lightly or for selfish purposes or to those who would use God...Be still and know that I in the midst of you AM GOD. Let the rhythm flow from that Silence within your own being and then follow it with the act of commitment that aligns you with the people of this world. There is an act of commitment that unites us with God and men.

EXCERPTS FROM EARLIER COMMUNICATIONS

Spirit Communication Through Thought Process

The information that is related through the mental process from those spirits in body to those who are in the Spirit Realm goes through simply an energy from the thought process into energy to be received by those in the Spirit Realm. There is no communication through voice, no communication through writing, no communication in any other way except through the thought process. These thoughts are picked up as energy in the Spirit Realm. The important thing for you to be able to do is to receive that same energy back into your own thought process where you will be able to interpret that energy and know what is meant by that which has been communicated. This one comes to advise you how this is to be done.

Each of you has a guardian of spirit. You are each aware that this is available to you, that you have had such a guardian of spirit since you first came to Earth in this lifetime. Each of those who are your guardians of spirit will help you in this endeavor. At that time when you are nearing a time of falling asleep each evening, at that time when it is time for your body to rest, at that time open your heart and

May 19, 1990

p. 6 of 6

mind to invite the one who is your guardian spirit to come to you to prepare your mental processes so you will be able to receive from the Spirit Realm, to recognize it and to be able to interpret it. Through these practices you will soon be able to receive information mentally from those who are your spirit guides. Be aware that in order to do this, you must be perfectly willing to fall into that mode which you call sleep, realizing that you do indeed have your heart and mind open to allow your spirit guides to enter and prepare you for this spiritual opening of your mind so you can receive information. This, of course, should alert you to one possibility, and that is that an 'unwanted' spirit could just as well enter. And so this one is here to advise you how that can be avoided.

As you prepare to sleep in those times when your body must be rested, be in prayer for guidance and protection, be in prayer specifically that you be guided and protected as you are in the sleep mode. In other words, you do not want to fall asleep leaving your heart and mind (psyche) open where any spirit could enter, but allowing only those who are your spirit guides to be able to enter at that time and prepare you for that which you need to be able to know how to do. In other words, if you ask specifically that you be guided and protected while you are in the sleep mode, while you allow your spirit guide to enter into your thought process, you will be protected. This one who comes as SHEI sees this as one of the most important efforts that you can make at this time. You must not attempt to go further in learning about other things until you have achieved this phase of responsibility. When you feel that you are receiving information from your spirit guide mentally, then immediately respond to that which you are hearing. Ask first for confirmation that this is indeed the guardian of your spirit, and then attempt to receive replies, attempt to give responses, and soon you will be communicating with those who are spirit in this way. It is a safe way, a pleasant way to be able to communicate with those who are in spirit .

(SHEI, 6-12-88)

Gift of Healing

A spirit in body who has the gift of healing becomes a channel for spiritual energy that comes from God, and through this channel a help to those in need of healing. As a person receives a gift of healing, through that person a healing energy can enter and be distributed to the body of one who is in need of healing. When it is known that a person is in need of healing, those in the Spirit Realm assist in this healing; the energy is cycled from the Spirit Realm into the body of the one in need of healing, through the channel.... It is the will of God that your spirit dwell in a healthy body. Keep in mind that your body is the temple of your spirit and your spirit is of God. Thus you have a responsibility to treat that body with great respect. (ALLA, 4-20-88)