

May 26, 1990

JEY comes to give thanks for each of you who are here at this time. It is with great joy that those of us who are in the Spirit Realm look upon you and join you as you gather here as OMEGA, with the knowledge that you are growing in spirit, that you are finding that life in the spiritual path is much superior to that which is totally physical. And JEY comes to assure you that each of you will find this to be increasingly so. JEY comes now as gatekeeper for the OMEGA to assure you that what you are to receive at this time is Truth, that your spirit within you will confirm that what you receive is Truth, and that you need have no fears. Simply open your heart and your mind and allow your spirit to control your physical self with the knowledge that you are indeed safe from all that can harm and that you are shielded from that which might mean harm to you. You are blessed; you are loved; and you are here for a purpose. And JEY gives thanks and praise for each of you who are here as spirit in body. JEY would just say praise be to the Creator for this.

JEY is aware now that there are those of you who are here who are in need of assistance, those who have traveled along the path and are receiving what you would call now advanced information that is meaningful to you through thought; and JEY is aware also that there are those who can come now to help you within this which is the OMEGA. Be aware that within your midst you have with you those who are guardians of your spirit, those who have come to you as teachers, those who are here as advanced intelligences, those who have an interest in you as an individual as spirit in body. If you could but see that which is spirit within your midst, you would shout with joy from the sheer glee of knowing that you are surrounded by that which is spiritual. As a result of that which is spiritual being in your midst, you are in the midst of much spiritual energy that will have great meaning for you in this meeting of the OMEGA. Be at peace now. Know that you are in the will of God, and simply open your hearts and minds to receive what is to be given to you. You are indeed of the Creator; you are indeed to know that as you progress, you are returning to Oneness with the Creator, and JEY gives thanks and praise for that. It is the joy of JEY at this time to allow the one who has come to you so many times to bring information, to bring you blessings, to again come to share with you at this time at the meeting of the OMEGA. Be aware that as this one comes you are to receive much of value to you. Be willing to so receive. And JEY asks now that you remain in meditation and be at peace.

AMEN! This one again comes as MICHAEL The Archangel, mindful that again it is the privilege of this one to do so, and is coming again to remind you that it is responsibility of this one to do so. As you are gathered here at this time and as you look around, you will find that within each one who is here there is a desire for truth, a desire for spiritual knowledge, a desire for guidance, a desire for healing; and this one who comes Michael will tell you that all of those desires may be met. If you will accept this, Michael comes now to bestow upon each of you a blessing and to ask that you will open your hearts and your minds to receive. Michael would now ask that again you raise your hands and fold them in this manner and recognize that as you fold your hands in this manner, you are allowing your spirit and the physical of you to so merge that you will feel the oneness with the Creator. And as this occurs in the physical, and as your spirit now is able to so override the physical desire, Michael would bring to you this blessing

Upon each of you at this moment is bestowed a measure of spiritual strength that has not, up until this time, been made known to you; but be aware that this strength comes as a blessing to you. Each of you at this moment are experiencing a need. Think upon that need in your mind at this very moment. Give that need thought. Let it be known to only that which is your physical mind, give it thought, send it forth and now be aware that this which is great spiritual strength is being bestowed to you to allow your spiritual need, your physical need at this moment to be met. If within your heart you can accept that, yes, I believe, I know this can be true, then it will be true. You are not alone in this which is a search for spiritual growth. You are not alone in this which is a preparatory time. And so you are endowed with those things that are needed by you at this time. Be at peace with that.

May 26, 1990

P. 2 of 6

Michael comes, too, to give additional information. Perhaps it is not within the realm of your own thinking to realize that at this moment what occurs within the life of one of you within the OMEGA has an effect upon the lives of all of you. You are one, as has been told to you, you are one. You are of like mind. And so as one of you will feel the joy of having others come, seeking for Truth, all will feel that joy. Even so, if you fail and take a wrong approach on this which is the journey, all others within the OMEGA feel this with great agony also. If you daily allow your prayers to be heard for the OMEGA, these are known to all. In other words, what Michael is attempting to say to you at this moment is this...Your life is no longer just your life. Your life is now OMEGA. You must understand that it is important for you to be aware of your brothers' needs. And so continue in prayer for each who are known to you now as OMEGA. Indeed it has been known to you that there has been said that if one fails, all must fail. This will not be allowed to happen. Each of you must seek for spiritual strength, spiritual growth. And so it is you will find that you are moving forward in your journey on the Path in search of Spiritual Truth.

And now Michael would come on this note. There is a need for each of you to feel great joy at this moment. Look around you again. See those who are in this group. Know that your spirit within you has indeed known a close fellowship with each one who is here. That can be made known to you as you allow your spirit within you to communicate with you... that fellowship can be made known. And as you feel that you are kindred, indeed there is a need for you to become more closely associated with others within the OMEGA. Give thanks for that, because you are arriving at the point where you are indeed enjoying that which is the Search for others who have not been in your midst! You are beginning to understand the need for what is known as oneness.

Michael does not come simply to give you a lesson. Michael comes to share joy with you. It is not often that Michael has the opportunity simply to share joy, but rather it has been the responsibility of Michael to come as a teacher. And so Michael comes to tell you this...It is now time for each of you to accept that you are special, that you not only have been willing to seek for Truth, but that you have found Truth. And so you have need to celebrate that event. You have need to show much joy, and as you are here gathered at this place at this time, there should be a time of great outpouring of love, of joy, of laughter, excitement, knowing that you are reaching your goal. And Michael joins in that celebration. Michael would tell you that as others of the OMEGA, scattered beyond the confines of this area, they, too, will experience this elation that can be given to them with the knowledge of their spirit within. And so before you leave this gathering place of this meeting, begin to show forth that joy. You are an instrument. That instrument must not only be one that is willing to share information but is willing to share joy. And so Michael comes, pleased to give you this information and to know that from this time forward it is simply a matter of your being willing to share such joy, such information.

At this time now it is also known, as it is usually the will of the Creator for those who are new to the group, to receive special blessings. Michael would ask that you be willing to allow Michael to bestow upon each of you who are new at this time a blessing. And Michael would ask that you keep this blessing in your heart. And so at this moment, Michael would ask that you come forward.

First, Michael would ask that the one who is known here as Andy would come forward and place your hand in this hand. Would you allow this hand to be placed on your head. Michael comes with much love for this one. Be aware that you have indeed experienced what is difficult for one who is spirit in body to experience; but understand this... that what has passed from your sight has simply gone home. And you must understand that the reality of all who are spirit in body are spirit. This which is your physical body has no relationship except as a temple for the spirit, and so the one who was known to you and loved by you now is in a time where that one can understand more fully the relationship with the Creator. At this time now, be aware that in the days to come, you will be fully aware of the presence of that one with you. Share in that presence, share that love that is brought to you. And Michael would ask now that this energy which is given to you at this moment would carry you through the days to come and so enliven the spirit

May 26, 1990

P. 3 of 6

within and your physical being that you may no longer know sorrow but rather that your days shall be one of great joy. You are blessed and you must know that you are loved. Be at peace.

Michael would now ask for the one who is in the group as Donna to come forward. Allow your hand to be placed in this hand, and allow this hand to be placed on your head. Michael comes to welcome you. You are a special child of the Creator, and Michael comes with the knowledge that you have been chosen for a special purpose. Your life on this Earth has been guided carefully. You will continue to be guided carefully. From this time forward know that need but to ask when you need help. You shall receive that which is needed. Michael would ask that you keep your eyes on the Path. Do not deviate from this, but rather be guided by your spirit within. You are loved and you have the ability to love much. Accept this which is a blessing from the Creator. Be at peace.

It is the joy of Michael now to address the one who is in the group as Jeff. Would you come forward at this time and place your hand in this hand? And Michael would say that perhaps at this moment you will feel this which is a special blessing from the Creator. Allow this to flow through your very being, knowing that what you are receiving at this moment will carry you through the days which are ahead of you. You are to understand that what you are receiving at this moment is a special blessing, and you must understand, too, that you are a special spirit of the Creator. Go in love, allow your love to be sent forth and bestowed upon others. Give thanks for the life that you have at this time, and continue to develop that which is your talent within you. It is indeed a talent given for a purpose at this time. Michael comes to give thanks for you, and asks that you go in peace and love. Peace be with you.

And now it is understood that the one who is here as Robert has a need, and Michael would ask that Robert would come and place his hand in this one. As this hand is laid upon your head, it is the will of Michael that you be filled with such spiritual energy and such joy at this moment that it will remain within you throughout the days to come. You are to understand that you are indeed one who is special in the sight of God, and as a result of that your days shall be long upon this earth and you will be able to help others. You have much ability, you have many gifts, and you must seek to allow those gifts to come forth. It is known that you have the ability to love. Allow that love to shine forth. You have the ability to be patient. Continue to allow that to be so. And you have the ability to be able to work with all who come to your presence. This is indeed a blessing. At this moment, Michael would ask that you accept this gift... that now you are to be able to achieve that for which you have been searching... that which is meditation is indeed something that you have seeking. Be alert to the change that will come within your very being. Indeed you have sought; you have found. Be at peace, go in love. You are loved .

At this moment Michael would ask if there is one here who feels in need of a special blessing If so, allow your need to be known Then, it is the joy of Michael again to seek to give each of you love and allow you to know that you are in the will of God. Michael also is of the knowledge that the one who has come to your presence in the past does have a need to communicate a need to you at this moment. If you are willing, the one who has come as SECHA seek to communicate with you. Be patient. Allow that one to know of your love. And be in prayer for that one, with the knowledge that your prayers are heard. And so at this moment Michael would ask that you wait for that one to speak through this which is the channel.

SECHA comes. SECHA is again privileged to be here. SECHA would ask that you allow only a short time for this one to give you information. And SECHA comes to share this with you. There is within the OMEGA much that is known in the way of physical abilities. SECHA would ask that each of you continue now to look within your own hearts to determine what you as an individual can do physically. This has been known to you in times past, that indeed this would be given to you. The time has come when you must recognize your physical abilities, and by 'physical abilities' SECHA is not meaning strictly that which is strength. You have mental abilities, you have physical abilities. These are the things that must be addressed. And so SECHA would ask you now to begin to call upon those aspects of your physical life and begin to strengthen those abilities so that in the days to come you will be able to access

May 26, 1990

P. 4 of 6

those abilities. Perhaps you think, "There is nothing that I as an individual can do," but each of you have been given abilities, each of you are able to do many things. SECHA does not come with the idea of developing NEW abilities within you. That is your domain. If you wish to develop a NEW talent, then so be it. But SECHA is here to help you identify those abilities that you have. This will occur in the days to come. Now SECHA would share this with you.

You are much aware of the physical happenings occurring within the Planet Earth. These have been told to you. Seek now to determine more about that which is happening. Seek now to begin to keep that which you might call a 'record' of those things you learn about happening within the Earth Planet. Soon you will find that those things that are happening are indeed forerunners of that which you have been told as the 'chaos.' It has also been told to you that it is necessary for each of you to give thought to prayer for the healing of your Earth Planet. SECHA would urge you to allow this to occur daily. It is known to SECHA that indeed those who have the opportunity to send forth prayers also have the opportunity to change the direction of events. This is known throughout not only the spiritual realm but throughout the universe. Those who have been more spiritually attuned throughout a lifetime in body are well aware of this great energy that can indeed change the direction of events. SECHA would tell you, and come to you in all love, that it is important that you take advantage of this ability that you have...the ability to send forth your thoughts in prayer, that those thoughts may indeed help in the healing of the Earth Planet. And be aware that this indeed is not a game. As SECHA can see what is occurring within the Earth Planet, it is with great sorrow. It is with great sorrow that SECHA can understand that if, indeed, that which is the chaos... as foreseen now by those that have the ability to see what can occur... if this happens to the extent that there will be the destruction that has been forecast, there will be much suffering by those who are spirits in body. You have an opportunity now to use an ability that you have. Make use of that opportunity.

SECHA would also tell you that even as you pray, those who are here now as spirits in life form also have the ability to pray. Prayers are heard. Prayers will change events; and even as they can change the direction in which this Earth is going, even so they can change the direction of hatred upon this Earth Planet. This which is your Planet is suffering from many things. Mankind has not been kind to the Earth, this which was provided for a lifetime as spirit in body. Mankind has indeed been responsible for many things that are not the will of God. You are special. You have the ability now to know Truth. Seek now to make a change throughout this Earth. Allow your thoughts to be known, to go forth.

SECHA has come with a message and a responsibility. SECHA will continue to attempt to fulfill that responsibility. And it will be, with your help, that this responsibility will be met and fulfilled. SECHA asks for your prayers. This one comes with the knowledge of love and so feels love for each of you. Give thought now to what YOU will do, whether it be that which will help your Earth or that which will hinder the Earth. You have an opportunity to so help. You did not come here as simply a lost spirit but you came here by purpose, by plan. Fulfill that plan and that purpose. SECHA goes now, reminding you that this one will attempt to be in the presence of each of you, and if you so allow it will be the joy of the one who is SECHA to be able to materialize, to allow you to visualize. It would be the joy of this one to allow this to be so. SECHA takes leave now, but will return. Go in love.

Michael returns and asks that you remember that indeed this is a life of joy that you are living, and that you now have full reason to be joyful. Allow joy and song and laughter and happiness to come forth from your physical body. Be at peace. Go in love. Be blessed.

JEY returns. It is always the joy of JEY to come to remind you that indeed you have received a blessing. Little do you understand the great blessing that you have received here in this meeting of the OMEGA. It will be made fully known to you in the days to come. And it is now the privilege of JEY to bring a close another meeting of the OMEGA by seeking that you join in a prayer to the Creator with JEY. Allow your hearts to be lifted to the Creator.

May 26, 1990

P. 5 of 6

Almighty, Creator of us all, this one who is known to the OMEGA as JEY, comes in prayer with those who are OMEGA, and we lift up our thoughts and our hearts in prayer, asking for a special blessing upon this which is the Earth Planet. We ask for a healing of this Earth. We ask for peace and for freedom for all who are on this Earth. We ask for a time of patience by those who are in authority on this Earth. We ask for a time of understanding of all mankind upon this Earth. And we are aware that ALL is possible. And so we lift up our prayers, our thoughts, and give you thanks.

And JEY comes now to extend love to each of you and to suggest that you remember that you do have the ability to pray. May it be so. Go now in peace and love. Amen .

A Meditation as given by JEY

As you enter into a state of quiet, allow your hearts and minds to be open to the joy of the Creator. Let go of the cares and concerns of the day and allow your spirit within to completely control your thoughts at this time. This is a time of entering into communication with our Creator, and so it is only necessary that you open your heart and mind and keep silence before the One who is the Almighty, the Creator. And so at this time attempt to picture within your mind that which you would desire to see at this moment. Is it a vision of your own self as one who is in the Light of the Creator? Is it one who is in your life and love? Is it one that you desire to be in your life at this time? Simply allow your own mental self to attempt to visualize that which you would wish to see.

And now as you hold that image in your mind, as you prepare to allow your spirit within you to control your life at this moment, give emphasis to simply focusing on that which you wish to visualize. And now seek to be in an area of complete harmony with your desire. In other words, allow your footsteps to take you to that place where it will provide harmony and Light for the meeting of the one that you desire to visualize...

You are now attempting to project yourself to that place. You will begin to visualize the beauty of such a place. And so it is with those who are in search of the Path of Truth. They will find that their footsteps will lead them into the Gardens of Light and Love. So allow your footsteps to travel, that you will be so lead... And now as you are experiencing the joy of being able to project yourself into this beauty, simply stop at this moment and allow your being to communicate with that one which you desire to visualize.

REGRET (an article written by JEY for the MTC Newsletter)

Under the exterior of every person on Earth there are desires that are never fulfilled to their ultimate. Inasmuch as mankind must apply self fully to the successful completion of life on Earth, unless one seeks for guidance in their lives they are often unable to fully know and then to perform to the extent to which they are capable. In some instances, many may never give full attention to the completion of the life work that will bring deep satisfaction. Thus, they will find themselves at life's end with a regret.

In order for an individual to live a life that is in complete harmony with the will of God, there must be support from those with whom that person lives and is associated during the lifetime. Often when one is prevented from fulfillment, he/she may become completely overwhelmed with defeat and be unable to break from a mold that has not been of his/her making. At other times an individual with strong inner strength will overcome all odds and go forth to seek that which will bring physical and spiritual satisfaction. Thus it is that some will come to the end of a life span feeling completely fulfilled and others will feel they have wasted a life.

Unless one is spiritually inclined and attuned to the will of God, it is often not possible to come to understand the will of God for their lives; and it is through this knowledge, through searching and seeking, that one will come to understand that life is to be lived in service to their fellowman and in the will of God. At the end of such a lifetime, there will be no regret, no sorrow, no looking back. It will be a time of great joy when the spirit again returns to the source from whence it came. It is only necessary to

May 26, 1990

P. 6 of 6

seek after the will of God through prayer and meditation and then to listen to the still small voice within for the guidance that is needed. Ask for help to search out and then grasp the opportunity that will bring complete joy and harmony to this Earth life.

You are to know that those who ask will be heard; those who seek will find. It has been so told and so it shall be. Each one who chooses to follow after the things of the spirit will find that which will bring the greatest satisfaction to this Earth life. Live today that there will be no regrets tomorrow. (5-27-90)

Remember that all spirits have value, and it is your true mission to help others. Let the love of God rule in your life. Let the love of God be always the main point of concern in your life. (JEY, 2-29-84)

Be aware that all spirits in body while on earth have weaknesses and are subject to making decisions which may not be correct. You must seek Truth and then decide for yourself what is Truth. The spirits do not force. They only help you in your search. (JEY, 12-17-85)

There is a need for you to continue a daily time to meditate and pray and communicate with the spirits. Let the cares of the life on Earth be forgotten for a time each day when you can give time to your spiritual growth. (JEY, 7-29-86)