

## **JEY/John** **February 24, 1999**

JEY is here and it is time once again for JEY to be in your midst and communicate to you through the voice of this one. Know that JEY does come in the will of the Creator and does come with much love, and gives thanks for those of you who are here at this time. JEY is well aware of what has taken place during this time of meeting and would say that you have been blessed and that many of you have been able to know about those things of great importance that have taken place in the past, but also those of you who have again re-lived a time of great importance to you in your journey. And so we in the spirit realm rejoice in what has occurred in this time of meeting. JEY gives thanks too for the love that has transcended all other things in regard to that which is your life upon the earth at this time. You have found that you are able to love each other because of your spiritual journey. You have found that as a result of that journey you are able to look beyond the superficial aspect of each person and see within them the beauty of their spirit. And as you have, with many others in this which is the OMEGA group who have been in your presence, been able to see the beauty of the spirit you are well aware that there is a love that does indeed enhance your association with each one who is here. We who are in spirit do have the opportunity to talk with you often and the opportunity to give you information that will be helpful to you in building a better life by enlightening that which is your awareness of the spirit within you.

At this time JEY would suggest to you that there is now an opportunity for another to come and be with you that will bring joy to each of you and a deeper understanding to each of you. And JEY would ask that you would simply allow your spirit within to be in control of your very being at this moment and allow that one to come and be in your midst. You will find that it will indeed bring to your life and bring joy to your heart. Be at peace.

IT IS IMPORTANT THAT YOU ALLOW THIS ONE TO COMMUNICATE AT THIS TIME, AND IT IS IMPORTANT THAT THIS ONE IS ABLE TO BE HERE AT THIS TIME AND SHARE WITH YOU. Know that this one has at one time been a part of this which is OMEGA on earth and does give thanks that there is an opportunity for this one to talk with each of you once again. . .not from an aspect of physical but from an aspect of spirit. And so at this time allow this one to talk with you as one who was on earth as JOHN.

As you have been in a time of talking about those things that occurred during the lifetime of JOHN upon the earth, JOHN wishes to say this to you. Those things that were learned by this one while on earth did have impact on the spirit of JOHN. And as this one who is now spirit can communicate with you through the voice of Louise, this spirit gives thanks for there is an opportunity now for the spirit of the one who was JOHN to bring you information that will give you peace and will indeed bring joy to your life and your heart.

As JOHN now has had the opportunity to remember those things that did transfer to spirit from action of the body, know that JOHN can say to you that there was much learning that took place upon the earth which affected the spirit that is now known to you as JOHN in spirit. As those things that occurred in the life of JOHN upon the earth left an imprint upon the spirit, know that the spirit was indeed strengthened. . .although there were many things of negative import that did affect the spirit upon the earth as well. But JOHN at this time in spirit can see that each thing which occurred in the life of JOHN on earth did indeed have a purpose. JOHN in body did learn from all things that took place upon the earth; and those things that did seem to be of a very negative nature. . .as JOHN can look at it from a spiritual viewpoint. . .those things did indeed affect the spirit, but not in a manner which you would think possible. Know that we were told as we were spirit in body that we were here on the earth for learning experiences. Those things that are both negative and positive become learning experiences, else how could you know all things

that need to be known if you did not have those things of a negative experience as well as those things of a positive experience?

Know that many on earth do not accept that. Anything not of a positive experience should enter their lives; but not allowing both positive and negative things to enter into their lives, they would not recognize what had been a positive and what had been a negative things. On the other hand there are many who believe there should never be a negative thing enter into their life. It is necessary that you experience both! What you must remember is that it is important that you keep a balance in those things of a positive and negative nature. Do not allow one to outweigh the other. And so as JOHN returned to the spirit realm and experienced this information, JOHN did indeed feel that it is important to share this with each of you who are here at this time. As JOHN recalls those learning experiences upon the earth, know that JOHN gives great thanks for that opportunity. It was necessary for JOHN to have that experience on the earth, and it was through those who were friends at that time and the one who was Louise in JOHN's life at that time that we began the journey that led you to the point where you are at this time.

As JOHN is able to see now that which is the spiritual value of all that was learned, JOHN can encourage you to continue in your journey, be prepared for whatever is ahead for you, and know that JOHN can tell you that there will be times when you will be tested. . . many times. . . upon the earth in the days to come, not only from physical occurrences but those things that can affect your spirit in body as well. It is important that you be strengthened in all ways for what is to occur in the future.

As you are aware, once you return to the spirit realm you are able to see what is past, what is to come in the future; and you have been advised to simply live in the now. That is what JOHN is encouraging you to do as well. Take each day...because that is the NOW...and live it fully. You are to be able to experience all that was past and all that is to be in your present. Know that you will experience that in due time but not until you again return to the spirit realm.

We in spirit have the opportunity daily to affect your life upon the earth, and as you ask for help of spirit we who are in spirit are eager to help you through whatever opportunity there is to help you. Do not be concerned that it is a small matter, or that which is a matter of great import. Simply ask for the help. We do come to you with love; we do come with such earnestness.. .such sincerity of purpose to help you. And so as you are here gathered, those of you who recall the one who was JOHN upon the earth can remember that he, too, was very 'unconscious' you might say about the things of spirit that really mattered. There was not that learning in the early years of JOHN's life that would have helped to understand things of a spiritual nature. But it was through our seeking. . . through asking. . . through accepting of truths that were given that we really began to understand; and JOHN as one of many of you, began to understand that it was necessary for us in life on earth at this time. JOHN is here in your midst. . . and can look upon each of you at this time and be aware of your presence, and can tell you that because of your being here, because of your acceptance, there is much to learn. You are now blessed among all people. There are many who are now following after the journey.. .the spiritual journey. . .and those who are following after the teachings that have been given to OMEGA have found great joy in their life. There are many about whom you know very little...many you do not know at all...but those who have learned have passed on information to others; and so those who started out as a small group in this area in which you live. . .that small number has grown into a large number that you would little imagine.

And so those of us in spirit give thanks, and JOHN above all is well aware of the small beginning and the questioning and seeking that JOHN had to do at that time. JOHN gives thanks for each of you and would ask those of you who were in that early group to accept the sincere thanks of the spirit of JOHN at this time. You were much loved, and that love has carried over to the spirit realm.

Allow JOHN to discuss one other aspect. As you are now sending out prayers for one in the group known as Joyce, JOHN is well aware that one is at peace with her passing to spirit. She

is indeed much aware of that which has been the purpose of the OMEGA group in her life. . .the impact that OMEGA has had on her life. But now she has completed her journey. The disease of her body has indeed caused her body to be at a time where she must allow her spirit to take leave of the body. Do not grieve for her. She is much loved in the spirit realm. She is much at peace now with what is coming. Simply send your love to her through thought. Send your prayer to her in order that she may be able to feel the love in the prayer that you send. She will indeed be welcomed to the spirit realm by all who are here who have known of her journey. Know that she has nothing to fear. She has completed a journey that was necessary for her.

And JOHN would at this time encourage each of you to allow your spirit within to guide you each day as you have been advised by the one who has come as HORIZON. Know that when Horizon in times past, encouraged each of us in that early meeting to allow our spirits to guide us, we were indeed somewhat puzzled at that time. But we did indeed learn that this could be done. And so JOHN would once again ask that you allow your spirit to guide your life daily. It can be so. All it requires of you is that you spend some time in quiet each day and simply ask your spirit to take control of your thinking at that time. And you will find that when there is a need in your life, your spirit will be able to come forth and help you. . .regardless of what the need may be. JOHN gives thanks for each of you and does thank you for allowing the spirit of JOHN to communicate with you, and would simply allow others who knew JOHN in earth life to know that JOHN is at peace and JOHN is involved in a deeper relationship in regard to learning experiences in the spirit realm. You will know too that JOHN has been assigned the responsibility of continuing to help those of you who are on earth in body still as OMEGA. JOHN will continue to be in an experience of helping those who are in body as it is necessary. Be at peace. Know that JOHN has been here with much love and has come with Joy and does seek that you will be able to find the joy that you need in life each day in body on earth. Go in love.