

MESSAGE FROM JEY, 2-29-2004

JEY is here. JEY is well aware of those of you who are here at this time and can indeed assure you that JEY is here in the will of the Creator and does use this voice in the will of the Creator. Be at Peace. Know that those of you who are here do have a deeper understanding of your place within the Universe at this time, and your place as you seek to continue in the will of the Creator. Allow JEY to touch upon those things that JEY has found to be of importance for each of you during this time of meeting.

First, allow JEY to simply talk about the one topic that seems to be of importance, and that is what you as an individual, what you as an OMEGAN are to expect in your lives at this time....and what is your purpose at this time upon the Earth.

Allow JEY to simply touch upon those things as they affect you.

Know that as you have been led during this time of your life to seek after that which is Truth, and as you have been led to come to these meetings which have been known as OMEGA, you will find that your outlook with regard to your very being has been changed. As a result of that change in your outlook upon the Earth, you have been strengthened spiritually; but you have also been strengthened mentally as well, for as you Spirit becomes more aware of the needs at this time with regard to your mental self, you can be aware that is being fulfilled upon the Earth. You as a human living within this body now are aware of the Spirit that is also inhabiting this body; therefore, you are indeed more than simply one. You are Spirit. You are mental self. You are physical self. And all three aspects of that which you call 'self' must be taken care of; in other words, they must be given the care that each aspect of your being needs. You have come to the point now where you are aware of the physical needs and the mental needs. Each of you have simply been able to go forth and use that which is the mental self in that which you have chosen as your life work. Now you are deeply aware of that which is your spiritual aspect and how the Spirit Within you is able to work with you and your mental self each day of your life. Allow that to continue. So THAT you ARE aware of! You know that your Spiritual self can indeed guide you through each day of your life if you will allow it to be so.

But you are more concerned about what you should be doing at this time, what you can expect to be doing perhaps in the future. What you are to be doing at this time is to each day of your life live it fully. Allow your Spirit Within you to guide your actions fully. Allow the mental aspect of you to think clearly, to make those decisions that will help you fulfill that which is expected of you as a housing of the Spirit Within you. You are well aware that the Spirit Within you is here for the experience of life upon the Earth at this time. Part of your responsibility at this time is simply to allow that Spirit to have the experiences that it needs. Perhaps you are saying, "Yes, but I am having negative experiences in relationships in my life at this time." So---accept that all negative experiences are important to your Spirit as well! You have an opportunity to provide mentally those things to your Spirit that will help it to progress upon the Earth to a greater extent than it would have progressed if you had not anticipated and known those negative experiences. What you must be about at this time is to accept all that is occurring in your life upon the Earth and to know that if you ask that the will of the Creator continue to be done in your life, allow your Spirit to simply access that will, and all will be well in your life. You are fulfilling what you are here to fulfill. Beyond and above that, as those things of a negative import occur upon the Earth in your area or other areas of the Earth, they do tend to affect you mentally. DO NOT allow that to happen! You want to be strengthened mentally; you want to be strengthened physically. And so you must look after that which is the need of your physical self as well as the needs of your mental self in order that the Spiritual aspect of you can continue to draw to that Spirit all that is necessary for it as it works upon the Earth at this time as Spirit-in-Body.

This is not an easy task on your part. Many times as you are Spirit-in-Body, most of your life is spent in a time of being fearful, of being anxious. Know that this need not be true in your life, but that you can free your mental self from fear and anxiety by allowing your Spirit Within you to guide you. Allow that Spirit which is very strong to continue to guide your life! Even as you allow your Spirit to go forth to work with others around the Earth at this time in your life, you can ask the Spirit Within you to simply WORK WITH YOU MENTALLY as you sleep, as you are in a time of rest! You need the help of that Spirit even as others throughout the Earth need the help of your Spirit. Allow it to be so. And so if you simply call to self the fact that you will NOT be fearful, that you will allow your Spirit to guide your life, even as you are asking it to guide other lives, you will know that you are receiving the help that you need as a physical and mental being as well.

Often those who are Spirit-in-Body do not stop to think of themselves as a three-layered entity upon the Earth...as a physical, as a mental, as a Spiritual entity upon the Earth! You are not just a single-phase factor upon the Earth; but all aspects of you as a human upon the Earth must work together. It is important that you let that be! And so as you have fears, as you have doubts, as you have that which is, in many cases, a lack of faith, you will find that these will be overcome as you allow your Spirit to guide you mentally in the decisions that you make and the actions that you take each day of your life.

JEY comes now to further say to you that you need have no fears for the future, for as you prepare yourself day by day and allow your Spirit to guide your actions, your Spirit will take care of the future for you as well. Have faith in that. Have faith in those of us who come to you and attempt to help you grow stronger in Spirit, and become more prepared for whatever may lie ahead for you. You need have no fear. There is much upon the Earth at this time much that is occurring that does indeed destroy life and does destroy those things that mankind has made upon the Earth; but it is important that you simply take control of your very being upon the Earth. Do not let fears connected with other things upon the Earth be of concern to you. Know that your well being is important to you because of the Spirit that is Within you. You need to remember this; and, yes, it is important that you allow your Spirit to go forth as you sleep and work with others; but it is important as well for you to ask your Spirit to work with your own mental self as you sleep. You will continue to be strengthened mentally as a result of that.

Often it is known to those of us who are in Spirit and who have lived upon the Earth as Spirit-in-Body...it is known that we often neglect the physical aspect of the body. It is necessary that you give that physical aspect the attention that it needs. There is so much that is needed in order to keep the physical body strong. You are aware of those things. Pay heed to what is necessary in providing that physical aspect with what is needed.

At this time JEY seeks to come and simply allow you to ask questions. JEY does not allow this to occur often during these times of meeting; but JEY is aware at this time that there is a need for this. And so JEY would ask you now to simply voice your questions in order that JEY may understand what is needed by each of you who are here.

Question: The microphone did not pick up the question.

JEY: Your question is heard and JEY will at this time attempt to provide information that will help you. Know this, that as you live well today and attempt to do all that is necessary for you to do upon the Earth at this time, you are preparing

for the future. JEY will not forecast that which will be another dimension for you; but know that as that which is Spirit takes leave of the body upon the Earth, it does return to the Spirit Realm and you will find that your Spiritual growth has been greatly enhanced because you did find your way upon the Earth at this time. With regard to that which is a new dimension for you...or your Spirit...know that dimension awaits your return to the Spirit Realm. There you will be given an opportunity, even as JEY was given an opportunity in the Spirit Realm, that is necessary for you. If you once more must return to be Spirit-in-Body, that opportunity will be given to you. If you have fulfilled such a purpose upon the Earth at this time that you need only to work from the Spirit Realm as Spirit, then that opportunity will be presented to you. JEY cannot forecast that which will occur; but know that inasmuch as you have found your way upon the Earth at this time as OMEGA, you have greatly enhanced the Spirit Within you. JEY would ask you simply to continue in your life upon the Earth and know that what is needed for you here will be given to you as you seek after that which is necessary. There is an understanding by those of us who are in Spirit and can see beyond that which you know upon the Earth...there is an understanding that those who have found their way as OMEGA upon the Earth have indeed enhanced that which has been the experience that the Spirit needed to know at this time upon the Earth. You are blessed in that you have sought for and have found that which is the Truth that you know to be true at this time! If there is another aspect that JEY can communicate to you that will help you, please let it be known at this time.

Are there other questions?

Question: The microphone did not pick up this question.

JEY hears your question and will attempt to give you information that may bring some understanding to your life as it is at this time upon the Earth. Even as you have chosen to be in the work situation which you now know, you were aware of those hardships and problems that would face you before you accepted the position that you now have. As you are aware, life upon the Earth for children has indeed changed. There are so many things that have occurred on the Earth that affect the lives of the younger ones. They do not have that which is the proper background for them to make wise decisions; and this comes because of the shortcomings in the adults that have failed them as they have attempted to grow

upon the Earth. You as an adult who is well aware of what is needed by the youth, have been placed in the lives of many who come to your tutelage in the school system. Let it be known that you have the experience that is needed to help you have the mental expertise that is needed to help them, and you have the authority that is necessary to help you. As JEY can understand, at this time in your life there is the desire to be that which would be Spiritual guidance with them in their lives. This is at odds with what you must do....and that is to be an enforcer in their lives. Both are necessary for them. You are trying to be an enforcer of correct behavior in the lives of those with whom you work. At the same time you would wish to be a more gentle, caring type of person. Know that you must be that as well! This is not an easy task that you have undertaken; but know that you are touching the lives of many young people at this time that will be important to them in the years to come. There will be many who will recall the guidance that you gave in the role of enforcer. It is necessary for you to be that, and they will look back upon this time in their lives as having been an important time. JEY would not encourage you to attempt to evade any aspect of that position which you have. If you see the need to be an enforcer of better behavior, then you must do that. As you see the need to provide a great understanding of their role in this life, then provide that as well. JEY is aware that you cannot simply be OMEGA at those times; but you can share with them the rules of correct behavior during those hours when you in the position of being teacher upon the Earth. So it is that JEY would simply ask you to allow your Spirit to be in control where there is a time for it to be in control in the days of work which you must face each day. Know that if you ask for the help of those of us in the Spirit Realm, we will come to help you even as we will help all who are OMEGA upon the Earth.

Keep in mind that you who are OMEGA are never alone. JEY will come when there is a call. Your own Guardian of Spirit will come when there is a call. However, we are greatly aware that we must be asked, because we do not intrude upon your life. So even as you ask your own Spirit to come to work with you and for you, ask those of us who are your Guardians of Spirit to come and work with you and for you. We will indeed do that with great joy. Are there other questions?

JEY comes now simply to say that there is never a time when JEY cannot come to work with you and attempt to answer your questions. All you need do is to be in a time of meditation and ask JEY to come to work with you and work through your Spirit. It will be so. Be at Peace now. Know that as you have read the information from the time past

(2-15-2004 message), there is much that will bring you peace, there is much that will bring you joy. And even as your Spirit has known joy during this time of meeting, that which is your mental self can also know the joy that Truth can give at this time. Be at Peace. Know that JEY will be with you when there is a need. Go now in Love. AMEN.