December 11, 1996

JEY is here. Be at peace and know that JEY comes in the will of the Creator and does come with much Love for each of you. JEY gives thanks for this gathering, for each of you who are here. It is important that each of you would recognize that you are here for a purpose, and it is to be that you will understand that more fully as those who have come to communicate with you at this time will explain as there is an opportunity for that communication to take place.

It is important for each of you at this time to be able to accept that you are indeed worthy of that which is your journey upon the Earth. It is not that the Creator of us all demands perfection from each of us as we live as Spirit-in—Body; but rather it is that you be accepting of the Love of the one who is the Creator. It is important that you accept that you are one of many who live upon the Earth Plane and therefore have the opportunity to seek after a greater awareness of their relationship to the Creator.

There is much in the way of good that has come out of your own life upon the Earth. There is much in the way of a positive aspect that has occurred because you have lived upon the Earth at this time.

And so it is that each of you need only to accept that you are that which is <u>of the Creator</u>, and are therefore worthy of the journey which you are taking.

At this time JEY wishes to address this aspect of your journey. There are many who often seek after an understanding of their relationship to God, the Creator, and yet never have the ability to fully understand that relationship until it is time for the Spirit to return to the Spirit Realm. Know that you are blessed who have had the opportunity to receive the information that has been given to you. However, JEY wishes to say this in that regard. Those things that have come to you through the voice of this one who serves as an instrument for those of us who have the opportunity to communicate through this voice... those things are given to you because of our Love for you and because we know that which has been given to us as Truth. However, because of that which is what you would call your freedom to choose, your freedom to believe, you have the opportunity and the right to reject anything which does not feel right to you at this time. And so we would simply ask you, as we have said to others who have come at an earlier time, that you simply lay aside those things that you do not feel that you can accept at any given time; and at such time as you feel that your Spirit Within has the opportunity to help you in your assessment of those things..., and you feel it is right and good for you to accept... then that is the time for you to accept those things that have been given to you.

We do not come to urge you to accept all that you hear and read. That is not what life upon the Earth Plane is about. What it is about is that you, of course, recognize that there is a Creator of all that is; and that there are others who are of that Creator...not only you, but all others who live upon the Earth. That is important for you to believe. What you believe is not nearly so important with respect to other things as is what you do with your life. This has been said to many who are OMEGA in times past. Know that you must of course recognize your relationship to the Creator of all that is, and your responsibility to those who also live as Spirit-in-Body. Beyond that, know that the actions that you take upon this Earth with regard to helping others is much more important than what you believe at this point.

We who are in the Spirit Realm at this time come with great respect for those of you who have sought for and have found a journey, a path, upon the Earth... one that has brought you peace and one that will at the end of this life bring you a satisfaction that you would not have known otherwise, for you will be well aware that as you leave this Earth body and return to the Reality State.. that which is Spirit...you will rejoice. And it is known that you each will then accept that which is the return to Spirit, knowing that it has been a journey that has been well done. Be at Peace with that. We do not come at this time to say, "Well, you must understand that you will return soon to the Spirit Realm." That is not what this one is saying. It is simply that because of your journey upon this Earth, you will return to Spirit with much joy!

As JEY is here at this time, JEY also wishes to address those who are new here at this moment. JEY has been aware of your coming to this time of meeting, and JEY is understanding of that which

is your need. Allow JEY to say that JEY wishes that at this time you will find Peace, that you may return to your own home with an Understanding of the Peace that can become a part of your very being upon the Earth.

Know that as you have heard a discussion of the weaknesses within those who are OMEGA, know that all weaknesses come from some fears and some doubts that may inhabit your thinking. You will know that as a result of having been here, those fears and those doubts will take on a new meaning; and you must know that you do not have to fall victim to those fears that inhabit your mental aspect and those doubts that inhabit your mental aspect. It is important that you fully recognize and accept the strength of that which is of the Creator within this physical body which you inhabit. Accept that. Know that those of us who are here in Spirit.. and indeed there are many who are here with you at this time.. those of us who are here are surrounding you with our Love and do anticipate that which will be an uplifting for each of you who are here.

JEY would tell you that it is necessary at this time for another to come to communicate, to be able to help *each* of you as you continue on your journey.

There are those who have come in the past, who have come to bring you Encouragement, who have come to bring you Truth, who have come to bring you Understanding. You will know that as this one comes and communicates with you, there will be a new facet to your journey. Be at Peace with that!

YOU WHO ARE SPIRIT AT THIS TIME, YOU WHO INHABIT THE BODY THAT YOU HAVE AT THIS TIME, MUST UNDERSTAND THAT THIS IS A SPECIAL PRIVILEGE FOR YOU TO BE ON EARTH AT THIS TIME. You have an opportunity to see changes taking place upon the Earth.. .not only on the surface of the Earth but in the lives of many who are living. This one comes to talk about that with you Know that this one simply will identify to you as one who comes from the Creator, as one who is in the Will of the Creator, and as one who has lived upon the Earth in time s past.

If you will Accept that as you came to Earth as a small baby, you brought with you at that time many of the memories that you had as Spirit in the Spirit Realm. Oftentimes, there are those babies that you see in this lifetime who will seem to have an inner knowing, an inner glance at you that will say "I remember, I remember." But as you grew into a child and those memories recessed and were no longer uppermost in your thoughts, in your actions, you began then to simply mature as a physical body upon the Earth, little knowing that within you was that aspect of the Creator that was so important for that body. Without that body having that which is the Spirit Within, there would be no purpose for the body...for indeed it is the Spirit that continues still to be important outside the Spirit Realm!

And so as that Spirit then engaged in those activities upon the Earth that allowed it to have new learning experiences, that allowed it to grow in understanding of the life in which it was engaged at that time, the body then began to take on more of a form of importance to that which is your own being upon the Earth. .that which is your mental and physical aspect. The emotional part of you became a very strong part of your being upon the Earth, and often the emotions would out-distance your rational thinking of the mental self. As a result of that, often you were led into directions that perhaps would not have been of your choosing, because of an emotion that arose.

Know that still within you dwells the Spirit...the Spirit that is of the Creator; and as you then became more aware of that.... that you body simply was to serve as the housing for the Spirit...and you began to become more aware of the importance of that Spirit and the fact that it could guide you in your thinking and your actions, then you began your Spiritual Journey that would eventually lead you to return to the Spirit Realm.

You are aware that there are many who would appear to you to be far off the path that you think would lead them to a happy return to Spirit. Know that is not your judgment to *make*. There *are many* who are known to you who you feel should be taking a different journey upon the Earth, perhaps in your own family. That is not of Importance to you. They must take the journey for which they came, and you will understand that more fully as you once again return to Spirit and renew the relationship in Spirit with those who were in your life and love upon the Earth. There will be great rejoicing at that time, for you will have learned then, fully, that your journey had been

completed, had been fulfilled.

And so at this time this one would say to you. .relieve yourself of any anxieties that you have about those who were in your love and your life who have passed to Spirit; relieve yourself of any extra burdens that you are carrying on their behalf. You need only to send forth your Love to those who have returned to the Spirit Realm and allow them to know that you remember and that you Love them, for Love is the important aspect of the Universe. And those who are in Spirit appreciate your Love and your Prayers, even as they were appreciated upon the Earth Plane.

As you are willing at this time to allow this one to be in your midst, this one wishes to say this to you as well. As you look forward to fulfilling that which is a responsibility upon the Earth at this time, know that you will be able to so do! Even as you have found your way to a meeting of OMEGA, you will know that you will fulfill your purpose, for it is to be said to those who find their way to this physical aspect of the OMEGA upon the Earth Plane that there is a Spiritual Aspect within the Spirit Realm that does also embody the same definition of OMEGA. And those who are in the Spirit Realm and in that definition of OMEGA do surround you daily with their Love and their Guidance. And so you have not been set a sail upon this Earth without guidance from those within, the Spirit Realm.

It is known that you had to be led, that you had agreed to this responsibility, and that you will Indeed be able to fulfill your responsibility.

And so as a result of your commitment, you have been surrounded by and have been Loved by and have been led by that which is a like group within the Spirit Realm. Know that the Love that has surrounded your life upon this Earth as you are Spirit-in-Body has been with you every step of the way; and as this one comes to communicate with you, this one can attest to the strength of that Love. It is known that because you are in body, there have been many days when you felt as though you were abandoned...not only by those you loved but perhaps by that which is our Creator; but you know that cannot be! God is always with you; the Creator of all that Is always with you. That which is of the Creator is within you, so how could be it be otherwise!

And so this one comes to encourage you, to let you know *that* you are loved, that there are many who are in the Spirit Realm who surround you with their Love. And we who have the opportunity to communicate through the voice of this one who is Louise give thanks for that. But know that she is only fulfilling the purpose for which she came to Earth. It has been known that she would find her way and that she would fulfill this purpose, difficult though it has been. She is no more blessed than any one of you who are here who have also found your way. Accept that you have indeed this which is a blessing from those of us who are in the Spirit Realm. And we would ask you to open your hearts at this time and allow this prayer to be sent forth from those of us who are in Spirit. In order that you may more fully understand, accept this prayer.

Almighty Creator of All that is. .of those in Spirit and those who are Spirit-in-Body.., know that we come to you, we come before you with the knowledge that we are important in your sight because we are of you. Accept our thanks; accept our praises. We do indeed give you thanks and praise, and we who are here at this time ask that your blessing would be upon each one, that they may be strengthened in Spirit and that which is the effort of their own body to fulfill all that is necessary for them. We would ask also, Eternal Creator of us all, that you would look upon this Earth upon which we live and for all those who are suffering upon the Earth at this time we would ask the strength of your Spirit and your Love might be felt in every heart, for there are many who are suffering upon this Earth, this beautiful Earth, at this time. That should not be. We are well aware, Eternal Spirit, that there are many who call themselves Spirit-in-Body upon the Earth who have sought after that which is not your will. We would ask that you may touch their hearts, that they may understand that this is not to be upon the Earth. We would ask that all the leaders of the Earth would be filled with Love and not the search for Power. This one comes also to ask of you who are our Creator that you understand fully that we who are Spirit-in-Body are weak in many ways, but we would ask that you help us to remove those fears and those doubts that do inhabit our mind in order that we who are Spirit-in-Body may be strengthened in Spirit. Accept this prayer, and we would ask too that you accept our lives upon Earth which we are attempting to use for your glory.

And now this one comes to simply say 'thank you for who you are, each of you who are Spiritin—Body.' We thank you for your willingness to work with that which you are anticipating upon the Earth. There are many in Spirit who will be at your service at that time when it is so needed. But do not forget that every day someone is being placed in your path who needs help. Reach out and help them. Do not hesitate, for this is part of the changes that are taking place.

Go now in the Peace and the Love of our Creator.

JEY returns and would ask that you simply be at peace with what you have received. It is known that you are much aware of what has been said in times past; but often it is necessary for you to have that which you know to be Truth to be repeated again! JEY would ask that you share with each other during the remainder of this meeting in order that you may be more fully aware of the needs of each other. And know that as JEY is here with you, others will remain with you as well. Accept the presence of those who are here in Spirit, and know that JEY has come in Love and in the will of our Creator. Go now in Peace. AMEN.

END OF CONTACT