

## December 2, 1998

JEY is here. At this time allow JEY to say that JEY does come in the will of the Creator and comes with much Truth and does come with Peace and Love for each of you. As JEY is here it is important that you be able to accept what is to be said to you. There is now the very real possibility of the Earth Changes occurring that will affect you to some extent. It is important that you allow another to come at this time to discuss those things that will be of importance to you at a time when your sense of responsibility will be so heightened that you will be able to prepare for that which is necessary. Be at Peace.

ALLOW THIS ONE TO BE IN YOUR MIDST and simply to come to you as one who has been in your midst in the past and now once again comes as a BEING OF LIGHT. It is important that this one address you at this time and would ask that only the will of the Creator of All That is would be done at this time, for indeed this one comes mindful that the Creator is not only of that which is this one but also of that which is each of you. We are all ONE who is of the Creator and therefore one who does indeed have the opportunity to share Truth with those of you who are here at this time. As this one is aware at this time, from the vantage point which does come to this one, there is much happening upon the Earth that does speak of those Earth Changes about which you have been told in the past; and this one comes now to share with you the knowledge that will again alert you and at the same time prepare you to receive that which is to come.

It is well known by those who are leaders upon the Earth at this time that there are those things occurring at this time that do herald great changes upon the Earth. In other words what has been is not to be; and what has not been is to be. And so this one would ask you simply to be patient as this one does have the opportunity to come and share with you.

As you have now witnessed much in the way of destruction, not only the destruction of the land and homes but also the destruction of those bodies in which the spirit has lived upon the Earth, Know that this is to be in times to come... in the near future... that which will be an occurrence throughout the world... the Earth on which you live. We who come as Beings of Light from the Universe and yet which is not of your Earth... we come to speak to you of that which you will find most disturbing; and that is continued destruction, continued disruption of not only your lives but of many lives upon the Earth. And so this one would ask you to further prepare to be able to accept whatever is to come. It is known to this one that you have been urged to become of spiritual strength and also to become physically ready for what is to occur. Not only that, but you will find that the spiritual aspect of you will help you to become spiritually strengthened and ready for whatever is to be.

You have also been told that it will be most difficult for you emotionally to accept many things that will occur upon the Earth. Therefore, it is important for you to become so strengthened emotionally that you will be able to detach self from that which is the knowledge of what is occurring upon the Earth. Be in a time of being able to look at what is occurring and yet not accepting what is occurring, for in so accepting you will weaken your own efforts to be able to do those things that will be necessary for you. And so seeing occurrence and accepting them will simply be two different things for you. Know that as you are aware that other things that are occurring in other parts of the Earth on which you live are also possible for the area in which you live, you are knowledgeable that there can be things occur that would be certainly not of your liking. Do not feel that you are totally remote from all things that will occur. But it is known throughout the Universe that what is occurring upon the Earth will have much greater impact on certain areas of the Earth. Your area in which you live will not be prone to receive such impact as others on the Earth.

You are knowing at this time that there will be things come about that will disrupt your lives in the very near future... not because of physical events but because of the weight you have put upon certain mechanical edifices in your country and throughout the Earth that will bring about much disruption of service to you. You must be prepared for that. Know that what you have accepted as progress on the Earth has indeed been a weakness within your own society, for what you have depended upon as an apparatus that has been run through that which you call electrical impulses

Also be prepared for physical happenings upon the Earth as well. This one comes not to disturb you but simply to alert you to what may be ahead for you in this lifetime in the very near future. We who can see the destruction that has taken place upon the Earth in times past can tell you that all that is

occurring is having a great impact upon the Earth... not only on the surface of the Earth but also within the Earth. It is important that you prepare for what is to come; and know that we who are here as also spirits in body but able to be in your presence because of the atmosphere in which we live in the Universe and the abilities that we have been provided with in the Universe does enable us to be in your presence and yet able to escape from much that does affect those of you who are on the Earth. We come to you because it is the will of the Creator and because we do feel an affinity for you, for we as you are Spirits of the one Eternal Force, the Eternal Spirit that does control all that is and all that is to be.

You are special in that you have been able to learn much through your spiritual journey that you would not have known otherwise. And we who have come to Earth at this time to give assistance, to observe, do give thanks that we are able to have the ability to communicate with you, for such has not always been the case and not always available to us. And so we give thanks to the Eternal Force that this is true upon the Earth Plane. We would not have the opportunity always to share these truths with you were it not that you are able to receive those Beings of Light into your presence, who wish to share with you and who are allowed to share with you. We do not come to intrude. We come to bring you information. And we do give thanks to those who are in the Spirit Realm who do have the opportunity to work with you and to allow us to be in your midst. We do give thanks for that. We are Spirits of the Creator and yet we are different from those of you who live as Spirit in Body. We still enjoy a life in a particular type of shelter as Spirit, but we also are different. And so we come to give you an opportunity at this time, if you wish, to ask questions that might be pertinent to our being with you. If you have a question allow it to be known. Do not be fearful of this one and do not be fearful of seeking information through your questions, for this one would find great joy in communicating with you.

Question: This is Donna. I have a question and a comment. We have been told in times past that in the time of chaos we need to improve or work on our communication skills with each other through thought and other ways besides using the things that we have manufactured to communicate. I guess what my thoughts are is that i would like to have help in doing just that.

Your question is heard, and we who come as Beings of Light and who do have the ability to communicate very rapidly through... If you wish to call it 'thought process . . . throughout the Universe, do have the ability to help in situations of this kind. This one would ask you if you would be willing to accept some assistance at this moment in such. (Yes) Then may it be so. This one would ask you simply to lift your hands and hold them to what you would call the 'hearing part' of your body... what you would call your ears. Hold them very loosely and think of them merely as a listening post. And as you have these hands so placed very near your head and yet not touching, think of them simply as an apparatus that will help you to gather energy from whatever surrounds you at the time. And allow that energy then to enter into the hearing part of your being. And as you do this, you will begin to feel energy. Let that energy simply flow to and fro within your body, within the area where your hearing is located. Now this one would ask you at this time to allow your hands to move above your head, put them together... not touching... You will continue to feel energy flowing through your hands; and this energy can be drawn in to you by moving your hands once again down to the area where you will be able to hear And now if you will simply reach out toward others who are in your group... not touching, but simply reaching out... you will be able to feel the energy flow from one to the other. This is what is needed to be able to communicate by thought... that you simply in thought reach out to another and allow that energy to be drawn to you. You will understand the messages that are being sent to you in thought. Even now you can feel the energy flow within your own being, and you may allow this to continue for a short time.

This one would simply ask you now to return to your normal position and recall what has occurred at this time. Your thought process has been sharpened through that which has been energy flow, and you can do this each day as you think of messages that you wish to send to another in practicing what it is you wish to do. This one would ask that you simply give thanks to our Creator that you have the ability to communicate through thought.

Are there other questions that you wish to ask at this time?

Question: This is Charlotte. I would like to ask for help, for clarification, as far as our emotional maturity... the statement that was made that we can be aware of a situation but not accepting of it. Can you clarify...?

This one who comes as Being of Light can understand perhaps that this may be somewhat beyond you, but it is very simple As you see an occurrence, whatever it may be, you may see it but you do not participate in it. You do not become a part of it. This one is aware that you have the ability on the Earth through the instrument that you have in your home to see things that are occurring on other parts of the

Earth. You SEE those but you do not BECOME A PART of them. And so this is what is meant. You see something occurring within your area. You do not go and become a part of the disruption but rather you stay remote from the disruption and attempt to understand what is occurring and then attempt to provide assistance to those who will be affected by the disruption that takes place. This is SEEING but not BECOMING A PART of it. Does this answer your question?

Are there other questions?

Question: This is Donna again. To add to what was said, should we just try to practice by sending our thoughts and not try to be in a location... that we can send our help through our thoughts?

As you are aware your thoughts do become a part of the energy stream and do become powerful as they 'interact with others that are sent forth. They do help; but your responsibility in your area will be to provide assistance whether it might be in comforting or whether it might be in providing assistance that might save lives. But even as you are aware, there are those in your area who can provide assistance and still remain remote from any force within you that would make you become a part of what is occurring. As you can recall, there are those upon the Earth who provide assistance in health related areas in which you live who are urged not to become an emotional part of those with whom they are working. They help but they remain emotionally estranged from what is occurring. This will be necessary for you in a time where you will see events taking place that you will need to work with. Are there other questions? (There were none.) Then allow this one to say that it has been a great joy for this one who comes as a Being of Light to be in your presence. We will remain upon the Earth, and if there is an opportunity for us to share in helping during the times of great crisis, we will be available. It is important that you be able to ask for the assistance that you need. And there are those of us here who can give assistance. Be at Peace as those who have come to you as Spirit have said to you. It is so important that you remain at Peace... that you do not allow your--emotional self to become agitated but rather that you be at Peace. This one does indeed come in the Love and the will of the Creator of All of us.

JEY returns and would ask that you be able to accept what has been given, for it has been given in the will of our Creator and with much Love for each of you. Be now in a time of meditating upon these things that have been said. JEY would ask you once again to be at Peace and to go in Love.

AMEN.